## BOARD CERTIFIED PLASTIC SURGEON

## **Get it Tite!**

With the holidays coming it's soon to be the season of New Year's resolutions. And with that I'd like to talk today about a new technology that came out this past April that is revolutionizing body contouring.

It's called Bodytite. It is a radio frequency device that is used to both kill fat cells AND tighten skin. The amazing part is how well does both at the same time. All other devices- iLipo, Vaser, Coolsculpting- do not tighten skin and reduce fat in the same way. Actually, Coolsculpting doesn't even tighten skin.

It is used primarily for areas where there is a mild to moderate amount of excess skin and fat. Common areas include the stomach, flanks, arms, knees, and thighs. Used on the neck and face it is called Facetite, but the results are the same, it's just a different handpiece.

Keep in mind that the ideal candidate has mild to moderate - not severe - amount of excess. It can't make a potbelly disappear, but it can certainly improve it. Overall, I tell my patients that it gets you about 60-70% of surgical results but also leaves little to no scars.

The handpiece itself has a small rod and a receiving disk that looks like a wide magnet. The procedure involves placing the small rod tip underneath the skin to the fat layer or skin layer to be targeted, under local anesthesia, of course. Radio frequency energy travels from the tip underneath the skin to the receiving end in a safe and

very precisely controlled manner. The energy heats up the tissue and forces either lethal damage to the fat cells or forces rejuvenation of the skin which leads to tightening.

The point of all this is that for people who are losing weight and need more contouring, we now have a better noninvasive device that reduces fat and tightens the skin, ensuring a smooth smaller look instead of a potentially baggier skin appearance.

So before the holidays are upon us, Google Bodytite or visit my site www.louplasticsurgery. com and take a look at the technology and the results. You may have just found the perfect gift for someone.







## Dr. Derek C. Lou Board Certified Plastic Surgeon

"As a board-certified plastic surgeon in Houston, Texas, it is my singular goal to bring the benefits of plastic surgery to those who need it, and contrary to what you may have seen or heard, it can be for almost everyone. At first glance, plastic surgery may seem complicated, confusing, and mysterious. As a conscientious surgeon, my role is to help you understand whatever it is that you may need or want and whatever solutions that the art of plastic surgery may provide from breast augmentation, breast reconstructive surgery, to liposuction —in a way that makes sense and in a language that you understand.

I'm confident that after a visit to my office, you will not need to travel any further. It is the ability to help people feel better about themselves that drew me to a career in plastic surgery. I hope you allow me the opportunity to help you.

Dr. Lou is also a regular contributor to RealSelf.com and is considered an expert in the topics of, Breast Augmentation, Breast Implant Revision, and Breast Reduction."

## LOUPLASTIC SURGERY