



Rate your experience on the following three pages and evaluate the results. Add up the check marks and you'll be able to quickly see which surgeon and practice measures up to your expectations and most important criteria. We've filled in a few of the non-subjective answers for Dr. Lou and his team at Lou Plastic Surgery to expedite your evaluation of our practice.

YOUR CONSULTATION CHECKLIST

	DR. DEREK C. LOU & LOU PLASTIC SURGERY	(FILL IN)	(FILL IN)
1)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Immediately following any surgery consultation, we recommend you answer the questions on this checklist while the interaction is still fresh in your mind. It's always a good idea to visit with more than one practice in order to make a fully informed decision regarding your surgical team. We've provided space for three comparisons.

1) IS THE SURGEON BOARD CERTIFIED BY THE AMERICAN BOARD OF PLASTIC SURGERY?

Board certification matters. Choosing a surgeon who is board certified in plastic surgery tells you that the surgeon has met a high level of education and advanced training and is deemed qualified to perform plastic surgery in order to ensure your overall safety.

Be aware that there are doctors marketing themselves as "cosmetic surgeons" who may have little or no formal training in plastic surgery and are not board certified.

Note that any other word in place of 'PLASTIC' is not the same and usually indicates significantly less training, i.e. Cosmetic, Aesthetic, Facial Cosmetic, etc. We encourage you to verify if the surgeon you are interested in has met these standards by either calling 800-777-2378.

2) IS THE SURGEON A MEMBER OF THE AMERICAN SOCIETY OF PLASTIC SURGERY?

Are you a member of the ASPS? And why do I care?

This is very important, because your physician has to demonstrate a certain level of proficiency and skill in a number of areas to qualify.

The ASPS is the governing body for plastic and reconstructive surgeons. To become a member, your plastic surgeon must be board certified and have at least six years of surgical training and experience, with at least three years in plastic surgery.

They are required to adhere to a strict code of ethics and operate only in accredited medical facilities. Additionally, they participate in advanced training and continuing education.

Again, we encourage you to verify if the surgeon you are interested in has met these standards by either calling 800-635-0635 or looking them up at www.plasticsurgery.org.

YOUR CONSULTATION CHECKLIST

3)



DO YOU FEEL COMFORTABLE WITH THE SURGEON?
During your consultation, pay close attention to the surgeon's passion AND compassion. Is their heart in it? Do you feel he or she is honest and transparent? Are you able to express your questions and concerns openly? Do you feel you're on the same page? Is it easy to communicate with him or her?

4)



ARE YOU SATISFIED WITH THE AMOUNT OF SURGERIES YOUR SURGEON HAS PERFORMED?
Plastic and Reconstructive surgery is one of the most complicated and challenging surgeries to master. Practice makes perfect and experience is golden! Knowing the number of surgeries your surgeon has performed is important and reassuring information. Choosing a surgeon who performs the procedure you are interested in on a regular basis will increase your chances of getting the best result possible. Dr. Lou has performed over 20,000 plastic and reconstructive surgeries over the past 25+ years (and counting!) in practice!

5)



DO YOU LIKE THE BEFORE & AFTER PHOTOS YOUR SURGEON HAS SHARED WITH YOU?
A surgeon's artistic eye, skill level, and experience is immediately evident in their before and after photos. Make sure you love what you see! Dr. Lou takes great pride in his patients' surgical results and has hundreds of happy patients willing to share their outcomes. At our practice, you will be able to view tons of B&As!

6)



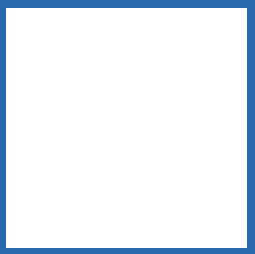
WILL MY SURGERY TAKE PLACE IN A FACILITY CERTIFIED FOR ITS OVERALL SAFETY?
This assures you the facility exceeds the most rigorous standards for excellence in patient care and safety. Your health should be the primary concern so choosing a surgeon who operates at a certified facility will guarantee that you are in a safe environment.

Caring for your body, mind, and spirit is your greatest and grandest responsibility. It's about listening to the needs of your soul and then honoring them.

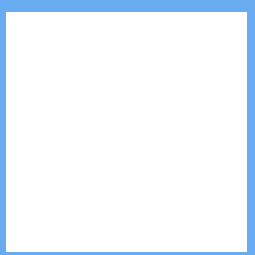
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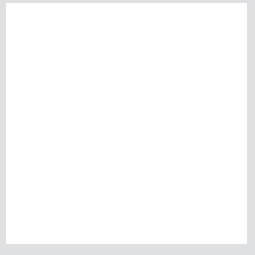
DR. DEREK LOU, M.D.



TOTAL CHECKS FOR:



TOTAL CHECKS FOR:



YOUR CONSULTATION CHECKLIST

7)

Progress bar for item 7: 100% complete (dark blue bar with white circle)

DO YOU FEEL COMFORTABLE WITH THE CARE TEAM AND STAFF?

As a patient, you will be spending just as much time with the care team and staff as you will with the surgeon. Hands-down, your surgical care team can make or break your overall experience. Are they friendly? Knowledgeable? Skilled? Supportive? Empathetic? Attentive? Kind? Thorough?

8)

Progress bar for item 8: 33% complete (dark blue bar with checkmark in white circle)

CAN YOU TALK TO PREVIOUS PATIENTS WHO HAVE HAD THIS SURGERY DONE?

Talking to patients who have undergone the surgery you are interested in can be invaluable in your decision-making process. If you would like to speak with a patient of Lou Plastic Surgery, please ask us and we will be happy to coordinate this process for you.

9)

Progress bar for item 9: 33% complete (dark blue bar with checkmark in white circle)

IS THE SURGEON ACCESSIBLE IF YOU HAVE QUESTIONS OR PROBLEMS?

Your surgeon should be accessible around the clock to answer your questions or concerns after surgery. It's better to ask a seemingly simple question than to ignore a potential problem. At Lou Plastic Surgery Dr. Lou and his team are on call 24/7 to answer any questions you may have or to guide you through any aftercare needs post surgery.

10)

Progress bar for item 10: 0% complete (light blue bar with white circle)

ARE YOU SATISFIED WITH THE POST-SURGERY FOLLOW-UP PLAN?

The care you receive following surgery is critical to your recovery, peace of mind, and maximized results. Are you satisfied you'll be receiving the amount of attention you deserve post-surgery? At Lou Plastic Surgery, you'll be informed and given the tools needed to be confident and prepared for your surgery well beforehand. You will also be scheduled to see Dr. Lou and your care team regularly for the first 6-12 months following surgery, then following up once a year after that to ensure your satisfaction and health is priority.

11)

Progress bar for item 11: 33% complete (dark blue bar with checkmark in white circle)

DOES THE PRACTICE OFFER GREAT AMENITIES?

Evaluate the "extra mile" services and ambiance a practice offers. You'll be spending a lot of your time in their office over the next year. Evaluate how comfortable and relaxed you'll be in the surroundings. All those little extra details add up to an overall great experience.